Discussion Topics/Articles for Lab Meetings Spring 2012

*Tuesday, January 31, 2012:* **Longitudinal Research and the Development of Social Anxiety**

Rodebaugh, T. L., Weeks, J. W., Gordon, E. A., Langer, J. K., & Heimberg, R. G. (2011). The

 longitudinal relationship between fear of positive evaluation and fear of negative evaluation. *Anxiety, Stress, & Coping*.

Essex, M. J., Klein, M. H., Slattery, M. J., Goldsmith, H., & Kalin, N. H. (2010). Early risk factors and developmental pathways to chronic high inhibition and social anxiety disorder in adolescence. *The American Journal of Psychiatry*, *167*, 40-46.

*Tuesday, February 7, 2012:* **Social Anxiety and Children**

Bogels, S. M., Oosten, A., Muris, P., Smulders, D. (2001). Familial correlates of social anxiety in children and adolescents. *Behaviour Research and Therapy*, 39, 273-287.

Cartwright, S., Tschernitz, N., Gomersall, H. (2005). Social anxiety in children: social skills deficit, or cognitive distortion? *Behaviour Research and Therapy*, *43*, 131-141.

*Tuesday, February 14, 2012:* **Social Anxiety and Culture**

Hong, J. J., Woody, S.R., (2007). Cultural mediators of self-reported social anxiety. *Behaviour Research and Therapy*, 45, 1779-1789.

George, L. K., Hughes, D. C., & Blazer, D. G. (1986). Urban/rural differences in the prevalence of anxiety disorders. *American Journal of Social Psychiatry*, *6*, 249-258.

Levinson, C. A.,Langer, J. K., Rodebaugh, T. L. (2011). Social anxiety and self-construal: Considering personality. *Personality and Individual Differences, 51*, 355-359.

*Tuesday, February 21, 2012:* **Social Anxiety and Personality**

Bienvenu, O.J., Hettema, J.M., Neale, M.C., Prescott, C.A., & Kendler, K.S. (2007). Low Extraversion and High Neuroticism as Indices of Genetic and Environmental risk for Social Phobia, Agoraphobia, and Animal Phobia. *American Journal of Psychiatry, 164*, 1714-1721.

Bienvenu, O.J., Samuels, J.F., Costa, P.T., Reti, I.M., Eaton, M.W., & Nestadt, G. (2004). Anxiety and Depressive Disorders and the Five-Factor Model of Personality: A Higher- And-Lower-Order Personality Trait Investigation in a Community Sample. *Depression and Anxiety, 20*, 92-97.

Miller, D. J., Vachon, D. D., & Lynam, D. R. (2009). Neuroticism, negative affect, and negative affect instability: Establishing convergent and discriminant validity using ecological momentary assessment. *Personality And Individual Differences*, *47*, 873-877.

*Tuesday, February 28, 2012:* **Social Anxiety and Treatment Enhancing Medication; Social Anxiety and Psychophysiology**

Hofmann, S. G., Meuret, A. E., Smits, J. J., Simon, N. M., Pollack, M. H., Eisenmenger, K., & ... Otto, M. W. (2006). Augmentation of Exposure Therapy With D-Cycloserine for Social Anxiety Disorder. *Archives Of General Psychiatry*, *63*, 298-304.

Ressler, K. J., Rothbaum, B. O., Tannenbaum, L., Anderson, P., Graap, K., Zimand, E., & ... Davis, M. (2004). Cognitive Enhancers as Adjuncts to Psychotherapy: Use of D- Cycloserine in Phobic Individuals to Facilitate Extinction of Fear. *Archives Of General Psychiatry*, *61*, 1136-1144.

*Tuesday, March 6, 2012:* **Social Anxiety and Shyness; Social Anxiety and Impulsivity**

Chavira, D. A., Stein, M. B., & Malcarne, V. L. (2002). Scrutinizing the relationship between shyness and social phobia. *Journal of Anxiety Disorders*, 16, 585-598.

Kashdan, T.B., Hofmann, S.G. (2007). The high novelty seeking, impulsive subtype of generalized social anxiety disorder. *Depression and Anxiety*, 25, 535-541.

*Tuesday, March 13, 2012* (Spring Break- no meeting)

*Tuesday, March 20, 2012*: **Social Anxiety, Paranoia, and Body Dysmorphic Disorder**

Fang, A., Hofmann, S.G. (2010). Relationship between social anxiety disorder and body dysmorphic disorder. *Clinical Psychology Review*, *8*, 1040-1048.

Freeman, D. D., Gittins, M. M., Pugh, K. K., Antley, A. A., Slater, M. M., & Dunn, G. G. (2008). What makes one person paranoid and another person anxious? The differential prediction of social anxiety and persecutory ideation in an experimental situation. *Psychological Medicine: A Journal Of Research In Psychiatry And The Allied Sciences*, *38*, 1121-1132.

Rietdijk, J. J., van Os, J. J., de Graaf, R. R., Delespaul, P. h., & van der Gaag, M. M. (2009). Are social phobia and paranoia related, and which comes first?. *Psychosis: Psychological, Social And Integrative Approaches*, *1*, 29-38.

*Tuesday, March 27, 2012:* **Social Anxiety, Disordered Eating, and Appearance**

Moscovitch, D.A. (2009). What is the core fear in social phobia?: A new model to facilitate individualized case conceptualization and treatment. *Cognitive and Behavioral Practice, 16,* 123-134.

Levinson, C. A.,Rodebaugh, T. L. (2012). Social anxiety and eating disorders: The role of negative social evaluation fears. *Eating Behaviors.* *13*, 27-35.

Gilbert, N., & Meyer, C. (2005). Fear of Negative Evaluation and the Development of Eating Psychopathology: A Longitudinal Study among Nonclinical Women. *International Journal Of Eating Disorders*, *37*, 307-312.

*Tuesday, April 3, 2012:* **Social Anxiety and Facebook/The Internet**

Fernandez, K.C., Levinson, C.A., Rodebaugh, T.L. (in press). Profiling: Predicting social anxiety from Facebook profiles. *Social Psychological and Personality Science.*

Kanai, R., Bahrami, R.R., Rees, G. (2011). Online social network size is reflected in human brain structure. Proceedings of the Royal Society.

Nadkarni, A., Hofmann, S.G. (in press). Why do people use Facebook? *Personality and Individual Differences.*

*Tuesday, April 10, 2012:* **The Treatment of Social Anxiety Disorder**

Rodebaugh, T. L., & Chambless, D. L. (2004). Cognitive Therapy for Performance Anxiety. *Journal of Clinical Psychology*, *60*, 809-820.

Chapters 10 & 11 from Managing Social Anxiety Disorder: A Cognitive Behavioral Therapy Approach, Treatments that Work

*Tuesday, April 17, 2012:* **Clinical Examples of Anxiety Disorders**

*Tuesday, April 24, 2012:* **Wrap up meeting**